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MENU

WESTFIELD



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Sides & snacks : món ăn kèm

1. Crispy spring rolls* served with lettuce & herbs to wrap & dip vg 318/377 kcal - choice of nước chấm or peanut sauce ▲	veggie 7.75	pork 7.95		
2. Summer rolls - fresh rice paper rolls with herbs, vermicelli & pickle vg 196/185/183/145 kcal - choice of nước chấm or peanut sauce ▲	THIS™ isn't chicken 7.95	veggie 7.50	chicken 7.75	prawn 7.95
3. Chicken wings seasoned, crispy chicken wings with sriracha 587 kcal				8.95
4. Pork & lemongrass meatballs served with lettuce & herbs to wrap & dip 349 kcal - choice of nước chấm or peanut sauce ▲				8.25
5. Baby squid tender fried baby squid with a salt, pepper & lime dip 315 kcal				8.95
6. Seafood spring roll* large crispy spring roll of king prawn, crab & pork with nước chấm dipping sauce 208 kcal				7.95
7. Morning Glory stir fried morning glory (water spinach) in garlic, with or without fresh red chillies vg 101/110 kcal	classic 6.95	spicy 6.95		
8. Stir fried Chinese leaf in soy sauce, with or without fresh red chillies vg 67/136 kcal	classic 5.75	spicy 5.75		

Vietnamese salads : gỏi

9. Chicken salad with Asian herbs, peppers & a chilli ginger dressing 210 kcal	12.50		
10. Veggie salad as above minus the chicken vg 233/153 kcal	THIS™ isn't chicken 12.75	veggie 11.25	
11. Green papaya salad crunchy salad with peanuts & prawn crackers vg 203/189/129 kcal	THIS™ isn't chicken 13.25	chicken 12.95	king prawn 13.75
12. Mango salad spicy salad topped with pork, dried shrimp & peanuts 160 kcal			9.95
13. Prawn & pomelo salad with red chillies, Vietnamese herbs, roasted coconut & peanuts 182 kcal			9.95

Wok fried rice : cơm chiên

aromatic, spicy wok-fried broken rice. + Add a fried egg for £1.25

59. Chicken & dried shrimp 794 kcal	12.95	61. Shiitake & Thai basil vg 796 kcal	12.75
60. THIS™ isn't chicken vg 869 kcal	13.95		

Wok fried noodles : phở xào

wok fried flat rice noodles with lemongrass, chilli and Asian greens. Served with peanuts.

62. Chicken 447 kcal	13.50	65. Tofu & mushroom vg 527 kcal	13.25
63. Beef 442 kcal	13.95	66. THIS™ isn't chicken vg 419 kcal	13.95
64. Chicken & prawn 446 kcal	13.95		

Vietnamese noodle soup : phở

Phở, (pronounced fuh) is the Vietnamese national dish; an aromatic, healthy & delicious rice noodle soup served with a side plate of fresh herbs to add as you please. The addition of these herbs & table condiments is an essential part of eating phở & adds another dimension to the dish. We think it's the best noodle soup in the world!

Classics

23. Beef brisket	- slow cooked in our broth	397 kcal	13.95	
24. Steak	- thinly sliced steak	287 kcal	14.25	
25. Steak with garlic	- flash fried steak (Hanoi style)	468 kcal	14.50	
26. Beef combo	- steak, brisket & meatballs	396 kcal	15.25	
27. Chicken	- breast meat in chicken broth	347 kcal	13.50	
28. King prawns	- chicken or veg broth	305 kcal	14.75	
29. Tofu & button mushrooms	- chicken or veg broth	vg 356 kcal	13.75	
30. 3 Mushrooms	- enoki, shiitake & button mushrooms	- chicken or veg broth	vg 290 kcal	13.75

Hot & spicy soups

- served with phở or bún noodles			
31. Hot & spicy chicken	353 kcal		13.95
32. Hot & spicy beef brisket	- with a chilli shrimp paste	454 kcal	14.50
33. Hot & spicy king prawn	301 kcal		15.25
34. Hot & spicy tofu & mushroom	vg 420 kcal		14.25
35. Hot & spicy 3 mushrooms	- with pak choi	vg 335 kcal	14.25
36. Hot & spicy THIS™ isn't chicken	vg 349 kcal		14.50

House specials

37. 'Super Green'	- morning glory, green beans, pak choi, fresh lime & Thai basil in veggie broth	vg 399 kcal	12.95
38. 'Spicy Green'	- chicken, tofu or THIS™ isn't chicken, morning glory, green beans, pak choi, fresh lime & Thai basil in spicy veggie broth	vg 455/448/556 kcal	14.95
39. Brisket & mushroom	- brisket, enoki & button mushrooms, creamy egg yolk, in beef broth	374 kcal	15.25
40. Crab noodle soup	- a Hanoi classic; vermicelli noodles in a rich tomato & crab broth with wafer thin steak & tofu, topped with fried shallots	498 kcal	14.95
41. Phở House	- king prawns, chicken & flash fried steak with garlic in beef broth	351 kcal	15.95

25p donated to the Christina Noble Children's Foundation in Vietnam

EXTRA TOPPINGS

tofu / button mushrooms / creamy egg yolk / pak choi / mange tout / green beans	85/78/50/15/15/15 kcal	1.50
chicken / steak / brisket / beef meatballs / nem nuong pork balls / king prawn / 3 mushrooms (enoki, shiitake, & button)	80/50/98/125/75/22 kcal	2.50

Every product in every dish we serve is made right here on site from ingredients delivered daily. No central kitchen - just real cooking. As each dish is cooked to order, variations do occur and calorie values may slightly differ.
vg - vegan options available.



accredited by
coeliacuk
live well, gluten free

The majority of items on this menu are gluten-free, **as accredited by Coeliac UK**. *Please note these items are not gluten-free - Spring rolls, Hoisin sauce & the beers. Bún dishes can be ordered without spring roll on request. The vast majority of our menu is also egg & dairy free. Not all dish ingredients are listed & all dishes could contain traces of peanuts. If you have an allergy or coeliac disease, please inform all staff who serve your table & read our allergen information.

Our chicken meat is Halal. **THIS™** isn't chicken is a plant based meat substitute made from pea & soy, not gluten, fortified with vitamin B12 & iron.



Our allergen guide

Curry : cà-ri

topped with peanuts & served with a choice of rice

Classic - rich, fragrant Vietnamese curry, with veggies & mushrooms

42. Chicken	587 kcal	15.50
43. Beef brisket	682 kcal	15.75
44. King prawn	464 kcal	16.50
45. Fish (white, fillet)	618 kcal	15.75
46. Tofu <small>vg</small>	769 kcal	14.95
47. THIS™ isn't chicken	<small>vg</small> 660 kcal	15.95

+ with broken rice 370 kcal

48. Chicken	623 kcal	15.95
49. Beef brisket	736 kcal	16.25
50. King prawn	642 kcal	16.95
51. Fish (white, fillet)	521 kcal	16.25
52. Tofu <small>vg</small>	789 kcal	15.50
53. THIS™ isn't chicken	<small>vg</small> 674 kcal	16.50

- + with cauliflower rice 64 kcal 1.00

Curry noodle soup

the marriage of our classic Vietnamese curry & a steaming bowl of noodle soup. Topped with a fresh herb salad & slices of red chilli.

67. Beef brisket	637 kcal	14.95
68. Chicken	582 kcal	14.50
69. King prawn	308 kcal	15.50

70. Tofu & mushroom	<small>vg</small> 631 kcal	14.50
71. 3 Mushroom	<small>vg</small> 559 kcal	14.50
72. THIS™ isn't chicken	<small>vg</small> 610 kcal	14.75

Rice bowls : món cơm

rice topped with wok-fried Chinese leaf, radish, cucumber & pickles, finished with peanuts, herbs & fresh chillies

54. Chargrilled chicken thigh	239 kcal	13.95
55. Chargrilled pork	281 kcal	14.25
56. Chicken & pork combo	348 kcal	14.95

+ with broken rice 370 kcal

57. Tofu & veg	<small>vg</small> 268 kcal	13.50
58. THIS™ isn't chicken & veg	<small>vg</small> 205 kcal	14.50

- + with cauliflower rice 64 kcal 1.00

Vermicelli noodles : bún

all served room temp with fresh herbs, veggie spring roll* & peanuts. Pour over sauce & mix

Wok-fried - with lemongrass, chilli, beansprouts & *nước chấm*

14. Chicken	389 kcal	13.50
15. Beef	365 kcal	13.95
16. King prawn	315 kcal	14.75
17. Tofu & mushroom	<small>vg</small> 382 kcal	13.50
18. THIS™ isn't chicken	<small>vg</small> 529 kcal	13.95
19. Pork & lemongrass meatballs	13.50	520 kcal

Grilled
marinated meats served with a fish sauce

20. Chargrilled chicken thigh	13.95	444 kcal
21. Chargrilled pork loin	<small>474 kcal</small>	14.25
22. Chicken & pork combo	550 kcal	15.25

* Sauces: *nước chấm* 50 kcal, *nước chấm chay* 37 kcal, peanut 95 kcal. Calories given are per portion.

Wine

125ml also available

WHITE

Il Traliccio Trebbiano, Emilia Romagna, Italy, 11%
Piattini Pinot Grigio, Venezie, Italy, 11%

175ml 250ml bottle
7.25 / 8.50 / 23.95
7.75 / 9.50 / 25.50

ROSÉ

Piattini Pinot Grigio Blush, Venezie, Italy, 11%

7.50 / 9.25 / 26.50

RED

El Ninot Garnacha Monastrell, Valencia, Spain, 11%
Bellefontaine Merlot, Languedoc, France, 14.5%

7.25 / 8.50 / 23.95
8.75 / 10.50 / 29.50

Beer

Bia Hà Nội, North Vietnam

5.95

Saigon, South Vietnam

5.95

Daura Damm (gluten free)

6.50

Fresh Juices

All made to order 5.25
Apple, mint & lime
with / without ginger
Beetroot, carrot & apple
with / without ginger
Coconut, pineapple & apple
Carrot, apple & ginger
Kale, apple, pineapple & lime
Pineapple, apple & mint
Apple & orange

Tea & Coffee

Vietnamese Coffee 4.50
rich coffee served black
or with condensed milk
10p donated to the CNCF in Vietnam
Iced Coffee 4.95
Iced Tea 3.95
Herbal Teas 3.25
green, camomile,
peppermint
Flower Teas 3.95
green or fragrant jasmine

Pop & Water

Homemade lemonade 4.95
Spicy lemonade 4.95
with ginger & fresh mint
Green tea lemonade 4.95
Coke, Fanta Orange 3.95
Diet Coke, Coke Zero, Sprite Zero 3.95
Mineral Water small 2.95
still or sparkling
large 4.95

Adults need around 2000 kcal a day



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OUR CHARITY PARTNER

Christina Noble Children's Foundation (CNCF):
CNCF is a British charity operating in Vietnam, working to alleviate child poverty and suffering by providing crucial, grassroots humanitarian services to highly vulnerable communities.