





Starters & Sides: món khai vi

	eggie pork	
fresh rice paper rolls with herbs, chie vermicelli & pickle vg 185/183/196/145 kcal THIS™ isn't chi	eggie cken icken rawn	7.50 7.75
Chicken wings Cánh gà seasoned, crispy chicken wings with sriracha 587 kcal		8.75
Pork & lemongrass meatballs Nem nướng served with lettuce & herbs to wrap & dip 349 kcal - choice of nước chấm or peanut sauce A		8.25
Baby squid Mực chiến giòn tender fried baby squid with a salt, pepper & lime dip 315 kcal		8.75
Seafood spring roll* Nem hải sản large crispy spring roll of king prawn, crab & pork with nước chấm dipping sauce 208 kcal		7.75
Beef betel Bò lá lốt beef wrapped in betel leaves, with rice vermicelli sheets & nước chấm 365 kcal		8.95
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1.0		

Vietnamese salads: gói

Chicken salad Gỏi gà with Asian herbs, peppers & a chilli ginger dressing 210 kcal			
Veggie salad Goi chay as above minus the chicken vg 153/233 kcal	veggie 10.7 THIS™ isn't chicken 12.2		
Green papaya salad Gỏi đu đủ crunchy green papaya salad with peanuts & prawn crackers vg 189/203/129 kcal	chicken 12.5 THIS ™ isn't chicken 12.7 king prawn 13.2	5	
Mango salad Goi xoài spicy mango salad topped with pork, dried shrimp & peanuts 175 kcal - slightly smaller portion, ideal as a side or starter			
Prawn & pomelo salad Goi bưởi with red chillies, Vietnamese herbs, roasted coconut & peanuts			

Prawn or 'Prawnless' crackers vo

182 kcal - slightly smaller portion, ideal as a side or starter

Bánh phồng tôm Bánh phồng chay	
with sweet chilli sauce 253/320 kcal	3.9

Vietnamese noodle soup: phở

Phở, (pronounced fuh) is the Vietnamese national dish; an aromatic, healthy & delicious rice noodle soup served with a side plate of fresh herbs to add as you please. The addition of these herbs & table condiments is an essential part of eating phở & adds another dimension to the dish. We think it's the best noodle soup in the world!

Classics

Beef brisket Phở chín - tender beef brisket slow cooked in our broth 397 kcal	13.50
Steak Phở tái - thinly sliced steak 287 kcal	13.75
Steak with garlic Phở tái lăn - flash fried steak (Hanoi style) 468 kcal	13.95
Beef combo Phở bò combo - steak, brisket & meatballs 396 kcal	14.75
Chicken Phở gà - breast meat in chicken broth 347 kcal	12.95
King prawns Phở tôm - chicken or veg broth 305 kcal	14.25
Tofu & button mushrooms Phở chay vg - chicken or veg broth 356 kcal	13.25
3 Mushrooms Phở nấm rơm - enoki, shiitake & button mushroom vg - chicken or veg broth 290 kcal	13,25
Hot & spicy soups - served with phở or bún noodles	
Hot & spicy chicken Bún gà Huế 353 kcal	13.50
Hot & spicy beef brisket Bún bò Huế - with a chilli shrimp paste 454 kcal	13.95
Hot & spicy king prawn Bún tôm Huế 301 kcal	14.75
Hot & spicy THIS™ isn't chicken Bún gà chay Huế vg 349 kcal	13.95
Hot & spicy tofu & mushroom Bún chay Huế vg 420 kcal	13.75
Hot & spicy 3 mushrooms Bún nấm rơm Huế - with pak choi vg 335 kcal	13.75
House specials	
'Super Green' - morning glory, green beans, pak choi, fresh lime & Thai basil in veggie broth vg 381 kcal	12.50
'Spicy Green' - chicken, THIS™ isn't chicken or tofu, morning glory, green beans, pak choi, fresh lime & Thai basil in spicy veggie broth vg 455/460/448 kcal	14.50
Brisket & mushroom Phở bò nấm trúng brisket, enoki & button mushrooms, creamy egg yolk, in beef broth 374 kcal	14.75
Crab noodle soup Bún riêu - a Hà Nội classic; vermicelli noodles in a rich tomato & crab broth with wafer thin steak & tofu 498 kcal	14.50
Phở house Phở đặc biệt - king prawns, chicken & flash fried steak with garlic in beef broth 351 kcal. 25p donated to the Christina Noble Children's Foundation in Vietnam	15.50
Curry noodle soup	

the marriage of our classic Vietnamese curry & a steaming bowl of noodle soup. Topped with a fresh herb salad & slices of red chilli. Served with phở or bún noodles

beef brisket 648 kcal	14.50	THIS™ isn't chicken vg 610 kcal	14.25
chicken 589 kcal	13.95	tofu & mushroom vg 631 kcal	13.95
king prawn 584 kcal	14.95	3 Mushroom vg 559 kcal	13.95

+ Extra toppings

tofu / button mushrooms / creamy egg yolk / pak choi / mange tout / green beans 1.50 85 / 78 / 50 / 15 / 15 / 15 kcal

chicken / steak / brisket / beef meatballs / 3 mushrooms (enoki, shiitake & button) / king prawns

Every product in every dish we serve is made right here on site from ingredients delivered daily. No central kitchen - just real cooking. As each dish is cooked to order, variations do occur and calorie values may slightly differ. *please note these items are not gluten-free - see reverse. vg - vegan options available.

Curry: cà-ri

topped with peanuts. Served with a choice of broken or cauliflower rice

Classic - rich, fragrant Vietnamese curry, with veggies & mushrooms

chicken 587 kcal	14.95	fish (white, fillet) 618 kcal	15.25
beef brisket 682 kcal	15.25	tofu vg 769 kcal	14.50
king prawn 599 kcal	15.95	THIS™ isn't chicken vg 660 kcal	15.50

Spicy - spicy Vietnamese curry with fresh red chillies & betel leaf

chicken 623 kcal	15.50	fish (white, fillet) 521 kcal	15.75
beef brisket 736 kcal	15.75	tofu vg 789 kcal	14.95
king prawn 642 kcal	16.50	THIS™ isn't chicken va 674 kcal	15.95

Rice bowls: món cơm

a choice of rice topped with wok-fried Chinese leaf, radish, cucumber & pickles, finished with peanuts, herbs, fresh chillies & nước chấm

chargrilled chicken thigh 239 kca	13.50	3 meat combo 348 kcal	14.95	
crispy beef in betel leaf 290 kcal	13.75	tofu & veg vg 268 kcal	12.95	
chargrilled pork 281 kcal	13.75	THIS™ isn't chicken & veg vg 205	13.95	
		kcal		

- + with cauliflower rice 64 kcal 1.00

Wok fried rice: com chiên

+ with broken rice 370 kcal

aromatic, spicy wok-fried broken rice. + Add a fried egg for £1.25

chicken & dried shrimp 794 kcal 12.50 shiitake & Thai basil vg 796 kcal 12.25 THIS™ isn't chicken vq 869 kcal 13,50

Wok fried noodles: phở xào

wok-fried flat rice noodles with lemongrass, chilli and Asian greens. Served with peanuts & nước chấm. vg dish served with nước chấm chay

chicken 447 kcal	12.95	tofu & mushroom vg 527 kcal	12.95
beef 442 kcal	13.50	THIS™ isn't chicken vg 419 kcal	13.50
chicken & prawn 446 kcal	13.50		

Vermicelli noodles: bún

all served room temp with fresh herbs, veggie spring roll* & peanuts. Pour over sauce & mix

Wok-fried - with lemongrass, chilli, beansprouts & nước chấm

chicken 389 kcal	12.95	tofu & mushroom vg 382 kcal	12.95
beef 365 kcal	13.50	veggie spring rolls* vg 476 kcal	13.25
king prawn 315 kcal	14.25	nem nuong pork balls 520 kcal	12.95

Crilled - marinated meats served with a fish sauce

Cittee mainatea meats se	ivea	With a fish sauce	
chargrilled chicken thigh 403 kcal	13.50	beef in betel leaf 454 kcal	13.75
chargrilled pork loin 445 kcal	13.75	3 meat combo 512 kcal	14.95

Chả cá Lã Vong

rice noodles with grilled fish marinated in turmeric with dill, green onion, peanuts & prawn crackers. Inspired by the delicious, iconic dish from Hà Nội. Pour fish sauce over noodles & mix 676 kcal

[▲] Sauces: nước chấm 50 kcal. nước chấm chay 37 kcal. peanut 95 kcal.

Beer & Cider

Bia Hà Nội	5.50
Saigon	5.50
Beer Lao (640ml)	7.95
Pho Brewgooder Session IPA - crisp & hoppy	5.75
Pho Brewgooder Hazy Pale Ale - hazy & juicy	5.75
Saigon Apple Cider	5.95
Saigon Apple & Ginger Cider	5.95
Daura Damm (gluten free)	5.95
Brewgooder Alcohol Free Lager	5.75

Wine & Sparkling

125ml / bottle
6.95 / 29.95
175ml / 250ml / bottle
6.75 / 8.25 / 23.95
7.25 / 8.95 / 24.95
7.50 / 9.25 / 25.95
8.50 / 10.25 / 29.95
7.50 / 9.25 / 25.95
7.75 / 9.50 / 26.95
6.75 / 8.25 / 23.95
8.25 / 9.95 / 28.95
8.50 / 10.25 / 29.95
(125ml also available)

Cocktails

Phojito - our signature cocktail; white rum, mint, lime & soda

Spicy Lychee Margarita - tequila, fresh lime juice, lychee syrup & Thai chillies

Dragon Fruit & Lime Martini - Hà Nội vodka, dragonfruit purée & fresh lime juice

Hà Nôi Iced Tea - homemade iced tea with fresh lemon & gin, vodka, teguila & rum

Cà phê Martini - Hà Nội vodka, iced Vietnamese coffee & condensed milk

Coconut Pineapple Martini - Hà Nội vodka, fresh pineapple juice, coconut milk & lemon

Pride Punch - Havana club rum, passionfruit liquor, fresh apple juice & muddled lime 50p will be donated to akt

Paloma - tequila, homemade grapefruit soda & fresh lime

Gin & tonic

ranqueray & rever- riee tonic	
Single (25ml)	6.95
Double (50ml)	8.75

Vodka

Vodka Ha Noi & Fever-Tree tonic	
Single (25ml)	5.95
Double (50ml)	8.25
Vodka Hà Nội, lime & soda (50ml)	8,25
Vodka Hà Nội with lemonade (50ml)	8.25

Booze-Free

Nojito - muddled lime & mint, homemade lemonade & soda, served over crushed ice, garnished with fresh mint 87 kcal	6.25
Seedlip & Tonic - alcohol free gin, Seedlip Grove, with Fever-Tree tonic	6.25
Cucumber Fizz - Seedlip Grove, fresh cucumber & lime, elderflower & soda + Add 50ml Tanqueray gin for £3.00	6.25

TRIP Infusions

Deliciously refreshing and lightly sparkling, TRIP CBD drinks are infused with a blend of botanicals to help you unwind.

Tea Time - green tea, dragon fruit, TRIP CBD Elderflower & mint	5.95
Greens & Chill - kale, fresh apple juice, TRIP CBD Lemon & basil	5.95
Refresh & Relax - homemade lemonade, TRIP CBD Peach & ginger	5.95



The majority of items on this menu are gluten-free, as accredited by Coeliac UK. *please note these items are not gluten-free -Spring rolls, Hoisin sauce & the beers. Bún dishes can be ordered without spring roll on request. The vast majority of our menu is also egg & dairy free. Not all dish ingredients are listed & all dishes could contain traces of peanuts. If you have an allergy, please inform all staff who serve your table & read our allergen information.



THIS™ isn't chicken is a plant based meat substitute made from pea & soy, not gluten, fortified with vitamin B12 & iron.



Fresh veggie & fruit juices

4.95 / 5.95

all made to order

8.95

Apple, mint & lime with or without ginger 92/138 kcal Beetroot, carrot & apple with or without ginger 97/145 kcal

Coconut, pineapple & apple 142/213 kcal

Carrot, apple & ginger 95/142 kcal

Kale, apple, pineapple & lime 102/153 kcal

Pineapple, apple & mint 112/168 kcal

Spinach, cucumber, pear & lemon (green detox) 82/123 kcal

Pineapple, spinach, cucumber & apple 97/145 kcal

Orange, carrot & ginger 100/149 kcal

Apple & orange 102/153 kcal

Coconut water

Lamanada & soft drinks	
with Fresh pineapple juice 42 kcal	4.50
Straignt, over ice 35 kcal	3.95

Lemonade & Soft drinks

		4./5
Spicy lemonade with ginger & fresh mint 190 kcal		4.95
Dragon fruit lemonade 120 kcal		4.95
Green tea lemonade 95 kcal		4.95
Coke, Fanta Orange		3.95
Diet Coke, Coke Zero, Sprite Zero		3.75
Mineral Water - still or sparkling (sm/lg)	2.95 /	4.95

Teas

Flower teas - fragrant jasmine, green or yulan tea balls	3.9
Herbal teas - green, camomile, peppermint	2.9
Fresh teas - mint or lemongrass	2.9
Iced tea 90 kcal	3.7

Vietnamese coffee

Cà phê - rich Vietnamese coffee	4.2
	4.2
served black or with condensed milk 17/38 kcal	
10p donated to the Christina Noble Children's Foundation in Vietnam	
Cà phê sữa đá	
iced coffee with / without condensed milk 38/17 kcal	4.7

OUR CHARITY PARTNERS

Christina Noble Children's Foundation

CNCF is a British charity operating in Vietnam, working to alleviate child poverty and suffering by providing crucial, grassroots humanitarian services to highly vulnerable communities.

akt provide a range of support services to LGBTQ+ young people, working nationally with those aged 16-25 who are homeless, at risk of homelessness,

or living in hostile environments.







175ml house wine

6.95

6.95

Wine Spritzer

White

Rosé