

Starters & Sides: món khai vi

	ggie ork		
fresh rice paper rolls with herbs, chick vermicelli & pickle vg 185/183/196/145 kcal THIS™ isn't chick	ggie ken ken ken	7.50 7.75	
Chicken wings Cánh gà seasoned, crispy chicken wings with sriracha 587 kcal		8.75	
Pork & lemongrass meatballs Nem nướng served with lettuce & herbs to wrap & dip 349 kcal - choice of nước chấm or peanut sauce A		8.25	
Baby squid Mực chiến giòn tender fried baby squid with a salt, pepper & lime dip 315 kcal		8.75	
Seafood spring roll* Nem hải sản large crispy spring roll of king prawn, crab & pork with nước chấm dipping sauce 208 kcal		7.75	
Beef betel Bò lá lốt beef wrapped in betel leaves, with rice vermicelli sheets & nước chấm 365 kcal		8.95	
3 3 3 1	assic picy		
	oicy		
Vietnamese pancake Bánh xèo to the savoury crispy pancake with rice papers THIS™ isn't chicken & prantice with the savoury crispy pancake with rice papers & herbs vg 289/281/226 kcal (evening only) chicken & prantice with the savoury crispy pancake with rice papers		9.95	

Vietnamese salads : goi	
Chicken salad Goi gà with Asian herbs, peppers & a chilli ginger dressi	ng 210 kcal II.95
Veggie salad Gói chay as above minus the chicken vg 153/233 kcal	veggie 10.75 THIS™ isn't chicken 12.25
Green papaya salad Gỏi đu đủ crunchy green papaya salad with peanuts & prawn crackers vg 189/203/129 kcal	chicken 12.50 THIS™ isn't chicken 12.75 king prawn 13.25
Mango salad Gói xoài spicy mango salad topped with pork, dried shrim 175 kcal - slightly smaller portion, ideal as a side or sta	
Prawn & pomelo salad Gói bưởi	

Prawn or 'Prawnless' crackers vg

182 kcal - slightly smaller portion, ideal as a side or starter

with red chillies, Vietnamese herbs, roasted coconut & peanuts

9.95

3.95

Bánh phồng tôm | Bánh phồng chay with sweet chilli sauce 253/320 kcal

Vietnamese noodle soup: phở

Phở, (pronounced fuh) is the Vietnamese national dish; an aromatic, healthy & delicious rice noodle soup served with a side plate of fresh herbs to add as you please. The addition of these herbs & table condiments is an essential part of eating phở & adds another dimension to the dish. We think it's the best noodle soup in the world!

Classics

Classics			
Beef brisket Phở chín - tender bee	f briske	t slow cooked in our broth 397 kcal	13.50
Steak Phở tái - thinly sliced steak 28	7 kcal		13.75
Steak with garlic Phở tái lăn - flas	sh fried	steak (Hanoi style) 468 kcal	13.95
Beef combo Phở bò combo - stea	k, brisk	et & meatballs 396 kcal	14.75
Chicken Phở gà - breast meat in ch	icken b	roth 347 kcal	12.95
King prawns Phở tôm - chicken or v	eg broth	1 305 kcal	14.25
Tofu & button mushrooms Phở	chay v	g - chicken or veg broth 356 kcal	13.25
3 Mushrooms Phở nấm rơm - end - chicken or veg broth 290 kcal	oki, shii	take & button mushroom vg	13,25
Hot & spicy soups - served with ph	ở or bú	n noodles	
Hot & spicy chicken Bún gà Huế	ã 353 kca	al	13.50
Hot & spicy beef brisket Bún bò	d Huế -	with a chilli shrimp paste 454 kcal	13.95
Hot & spicy king prawn Bún tôn	n Huế	301 kcal	14.75
Hot & spicy THIS™ isn't chicken	Bún g	gà chay Huế vg 349 kcal	13.95
Hot & spicy tofu & mushroom	Bún ch	ay Huế vg 420 kcal	13.75
Hot & spicy 3 mushrooms Bún	nấm rơ	om Huế - with pak choi vg 335 kcal	13.75
House specials			
'Super Green' - morning glory, green in veggie broth vg 381 kcal	beans,	pak choi, fresh lime & Thai basil	12.50
'Spicy Green' - chicken, THIS ™ isn't ch pak choi, fresh lime & Thai basil in spicy			14.50
Brisket & mushroom Phở bò nấr brisket, enoki & button mushrooms, cre			14.75
Crab noodle soup Bún riêu - a H tomato & crab broth with wafer thin ste			14.50
Phở house Phở đặc biệt - king pra in beef broth 351 kcal. 25p donated to the			15.50
Curry noodle soup			
the marriage of our classic Vietnamese c Topped with a fresh herb salad & slices o			
beef brisket 648 kcal	14.50	THIS™ isn't chicken vg 610 kcal	14.25
chicken 589 kcal king prawn 584 kcal	13.95 14.95	tofu & mushroom vg 631 kcal 3 Mushroom vg 559 kcal	13.95 13.95
g plattil oot koul	11.75	5asinooni 19 007 kcdi	13.73

Every product in every dish we serve is made right here on site from ingredients delivered daily. No central kitchen - just real cooking. As each dish is cooked to order, variations do occur and calorie values may slightly differ. *please note these items are not gluten-free - see reverse. vg - vegan options available.

+ Extra toppings

85 / 78 / 50 / 15 / 15 / 15 kcal

tofu / button mushrooms / creamy egg yolk / pak choi / mange tout / green beans

chicken / steak / brisket / beef meatballs / 3 mushrooms (enoki, shiitake & button) / king prawns

Curry: cà-ri

topped with peanuts. Served with a choice of broken or cauliflower rice

Classic - rich, fragrant Vietnamese curry, with veggies & mushrooms

chicken 587 kcal	14.95	fish (white, fillet) 618 kcal	15.25
beef brisket 682 kcal	15.25	tofu vg 769 kcal	14.50
king prawn 599 kcal	15.95	THIS™ isn't chicken vg 660 kcal	15.50

Spicy - spicy Vietnamese curry with fresh red chillies & betel leaf

chicken 623 kcal	15.50	fish (white, fillet) 521 kcal	15.75
beef brisket 736 kcal	15.75	tofu vg 789 kcal	14.95
king prawn 642 kcal	16.50	THIS™ isn't chicken vg 674 kcal	15.95

Rice bowls: món cơm

a choice of rice topped with wok-fried Chinese leaf, radish, cucumber & pickles, finished with peanuts, herbs, fresh chillies & nước chấm

chargrilled chicken thigh 239 kcal	13.50	3 meat combo 348 kcal	14.95
crispy beef in betel leaf 290 kcal	13.75	tofu & veg vg 268 kcal	12.95
chargrilled pork 281 kcal	13.75	THIS™ isn't chicken & veg vg 205	13.95
		kcal	

+ with cauliflower rice 64 kcal 1.00

Wok fried rice: com chiên

+ with broken rice 370 kcal

aromatic, spicy wok-fried broken rice. + Add a fried egg for £1.25

chicken & dried shrimp 794 kcal 12.50 shiitake & Thai basil vg 796 kcal 12.25 THIS™ isn't chicken vq 869 kcal 13,50

Wok fried noodles: phở xào

wok-fried flat rice noodles with lemongrass, chilli and Asian greens. Served with peanuts & nước chấm. vg dish served with nước chấm chay

chicken 447 kcal	12.95	tofu & mushroom vg 527 kcal	12.95
beef 442 kcal	13.50	THIS™ isn't chicken vg 419 kcal	13.50
chicken & prawn 446 kcal	13.50		

Vermicelli noodles: bún

all served room temp with fresh herbs, veggie spring roll* & peanuts. Pour over sauce & mix

Wok-fried - with lemongrass, chilli, beansprouts & nước chấm

chicken 389 kcal	12.95	tofu & mushroom vg 382 kcal	12.95
beef 365 kcal	13.50	veggie spring rolls* vg 476 kcal	13.25
king prawn 315 kcal	14.25	nem nuong pork balls 520 kcal	12.95

Grilled - marinated meats served with a fish sauce

chargrilled chicken thigh 403 kcal 13.50	beef in betel leaf 454 kcal	13.75
chargrilled pork loin 445 kcal 13,75	3 meat combo 512 kcal	14.95

Chả cá Lã Vong

1.50

rice noodles with grilled fish marinated in turmeric with dill, green onion, peanuts & prawn crackers. Inspired by the delicious, iconic dish from Hà Nội. Pour fish sauce over noodles & mix 676 kcal

[▲] Sauces: nước chấm 50 kcal. nước chấm chay 37 kcal. peanut 95 kcal.

Beer & Cider

Bia Hà Nội	5.50
Saigon	5.50
Beer Lao (640ml)	7.95
Pho Brewgooder Session IPA - crisp & hoppy	5.75
Pho Brewgooder Hazy Pale Ale - hazy & juicy	5.75
Saigon Apple Cider	5.95
Saigon Apple & Ginger Cider	5.95
Daura Damm (gluten free)	5.95
Brewgooder Alcohol Free Lager	5.75

Wine & Sparkling

White

Rosé

Sparkling	125ml / bottle
Prosecco Spumante, Venezie, Italy, 10.5%	6.95 / 29.95
White	175ml / 250ml / bottle
Il Traliccio Trebbiano, Emilia Romagna, Italy, 11%	6.75 / 8.25 / 23.95
Piattini Pinot Grigio, Venezie, Italy, 11%	7.25 / 8.95 / 24.95
Selon Létang Viognier, Languedoc, France, 12.5%	7.50 / 9.25 / 25.95
Peacock Sauvignon Blanc, Stellenbosch, South Africa, 13.5%	8.50 / 10.25 / 29.95
Rosé	
Piattini Pinot Grigio Blush, Venezie, Italy, 11%	7.50 / 9.25 / 25.95
La Ruchette Côtes du Rhône Rosé, Rhône, France, 13%	7.75 / 9.50 / 26.95
Red	
El Ninot Garnacha Monastrell, Valencia, Spain, 11%	6.75 / 8.25 / 23.95
Bellefontaine Merlot, Languedoc, France, 14.5%	8.25 / 9.95 / 28.95
Benjamin Malbec,	
Argentina, 12.5%	8.50 / 10.25 / 29.95 (125ml also available)
14.0° C 3	(1231111 diso avallable)
Wine Spritzer	175ml house wine

Cocktails 8.95

Phojito - our signature cocktail; white rum, mint, lime & soda

Spicy Lychee Margarita - tequila, fresh lime juice, lychee syrup & Thai chillies

Dragon Fruit & Lime Martini - Hà Nội vodka, dragonfruit purée & fresh lime juice

Hà Nôi Iced Tea - homemade iced tea with fresh lemon & gin, vodka, teguila & rum

Cà phê Martini - Hà Nội vodka, iced Vietnamese coffee & condensed milk

Coconut Pineapple Martini - Hà Nội vodka, fresh pineapple juice, coconut milk & lemon

Pride Punch - Havana club rum, passionfruit liquor, fresh apple juice & muddled lime 50p will be donated to akt

Paloma - tequila, homemade grapefruit soda & fresh lime

Booze-Free

over crushed ice, garnished with fresh mint 87 kcal	6.2
Seedlip & Tonic alcohol free gin, Seedlip Grove, with Fever-Tree tonic	6.2
Cucumber Fizz Seedlip Grove, fresh cucumber & lime, elderflower & soda + Add 50ml Tanqueray gin for £3.00	6.2

Gin & tonic

Tanqueray & Fever	-Tree tonic	
Single (25ml)		6.95
Double (50ml)		8.75
Vodka		

Vodka Hà Nội & Fever-Tree tonic	
Single (25ml)	5.95
Double (50ml)	8.25
Vodka Hà Nội, lime & soda (50ml)	8.25
Vodka Hà Nội with lemonade (50ml)	8.25

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6.95

6.95

The majority of items on this menu are gluten-free, as accredited by Coeliac UK. *please note these items are not gluten-free -Spring rolls, Hoisin sauce & the beers. Bún dishes can be ordered without spring roll on request. The vast majority of our menu is also egg & dairy free. Not all dish ingredients are listed & all dishes could contain traces of peanuts. If you have an allergy, please inform all staff who serve your table & read our allergen information.

THIS[™] isn't chicken is a plant based meat substitute made from pea & soy, not gluten, fortified with vitamin B12 & iron.



Our allergen guide

For information regarding our service charge policy please ask a member of staff, a manager or see your receipt

Fresh veggie & fruit juices

sm / lg 4.95 / 5.95

all made to order

Beetroot, carrot & apple with or without ginger 97/145 kcal

Apple, mint & lime with or without ginger 92/138 kcal

Coconut, pineapple & apple 142/213 kcal

Carrot, apple & ginger 95/142 kcal

Kale, apple, pineapple & lime 102/153 kcal

Pineapple, apple & mint 112/168 kcal

Spinach, cucumber, pear & lemon (green detox) 82/123 kcal

Courgette, spinach, apple & parsley 105/157 kcal

Pineapple, spinach, cucumber & apple 97/145 kcal

Orange, carrot & ginger 100/149 kcal

Apple & orange 102/153 kcal

Coconut water

Straight, over ice 35 kcal	3.95
with Fresh pineapple juice 42 kcal	4.50

Lemonade & soft drinks

Homemade lemonade 140 kcal	4.7
Spicy lemonade with ginger & fresh mint 190 kcal	4.9
Dragon fruit lemonade 120 kcal	4.9
Green tea lemonade 95 kcal	4.9
Coke, Fanta Orange	3.9
Diet Coke, Coke Zero, Sprite Zero	3.7
Mineral Water - still or sparkling (sm/lg)	2.95 / 4.95

Teas

Flower teas - fragrant jasmine, green or yulan tea balls	3.95
Fea pigs bags - green, camomile, mint	2.95
resh teas - mint or lemongrass	2.95
ced tea 90 kcal	3.75

Vietnamese coffee

Cà phê - rich Vietnamese coffee	4.2
served black or with condensed milk 17/38 kcal	
10p donated to the Christina Noble Children's Foundation in Vietnam	
Cà phê sữa đá	
iced coffee with / without condensed milk 38/17 kcal	4.7

OUR CHARITY PARTNERS

Christina Noble Children's Foundation

CNCF is a British charity operating in Vietnam, working to alleviate child poverty and suffering by providing crucial, grassroots humanitarian services to highly vulnerable communities.

akt provide a range of support services to LGBTQ+ young people, working nationally with those aged 16-25 who are homeless, at risk of homelessness, or living in hostile environments.