

### Starters & Sides: món khai vi

Crispy spring rolls*   Chả giò veggie served with lettuce & herbs to wrap & dip vg pork 318/360 kcal - choice of nước chấm or peanut sauce •	7.50 7.75	
Summer rolls   Gỏi cuốn veggie fresh rice paper rolls with herbs, chicken vermicelli & pickle vg 185/183/196/145 kcal - choice of nước chấm or peanut sauce ↑ THIS™ isn't chicken prawn	7.25 7.50	
Chicken wings   Cánh gà seasoned, crispy chicken wings with sriracha 587 kcal	8.50	
Pork & lemongrass meatballs   Nem nướng served with lettuce & herbs to wrap & dip 349 kcal - choice of nước chấm or peanut sauce A	7.95	
Baby squid   Mực chiến giòn tender fried baby squid with a salt, pepper & lime dip 315 kcal	8.50	
Seafood spring roll*   Nem hải sản large crispy spring roll of king prawn, crab & pork with nước chấm dipping sauce 208 kcal	7.50	
Beef betel   Bò lá lốt beef wrapped in betel leaves, with rice vermicelli sheets & nước chấm 365 kcal	8.75	
Morning Glory   Rau muống xào stir fried morning glory (water spinach) in garlic, with or without fresh red chillies vg 101/109 kcal spicy		THE PARTY NAMED IN
Stir fried Chinese leaf   Cải thảo xào classic in soy sauce, with or without fresh red chillies vg 67/136 kcal spicy		
Vietnamese pancake   Bánh xèotofusavoury crispy pancake with rice papersTHIS™ isn't chicken& herbs vg 289/281/226 kcal (evening only)chicken & prawn		

# Vietnamese salads : goi

Chicken salad   Gói gà with Asian herbs, peppers & a chilli ginger dres	sing 210 kcal II.25
Veggie salad   Gói chay as above minus the chicken vg 153/233 kcal	veggie 9.95 <b>THIS</b> ™ isn't chicken II.75
Green papaya salad   Goi đu đủ crunchy green papaya salad with peanuts & prawn crackers vg 189/203/129 kcal	chicken II.75 <b>THIS</b> ™ isn't chicken I2.25 king prawn I2.75
Mango salad   Gói xoài	

### Prawn & pomelo salad | Goi bưởi NEN

with red chillies, Vietnamese herbs, roasted coconut & peanuts

9.75

182 kcal - slightly smaller portion, ideal as a side or starter

3.95

### Prawn or 'Prawnless' crackers vg

spicy mango salad topped with pork, dried shrimp & peanuts

175 kcal - slightly smaller portion, ideal as a side or starter

Bánh phồng tôm | Bánh phồng chay with sweet chilli sauce 253/320 kcal

## Vietnamese noodle soup: phở

Phở, (pronounced fuh) is the Vietnamese national dish; an aromatic, healthy & delicious rice noodle soup served with a side plate of fresh herbs to add as you please. The addition of these herbs & table condiments is an essential part of eating phở & adds another dimension to the dish. We think it's the best noodle soup in the world!

#### Classics

Classics						
Beef brisket   Phở chín - tender beef brisket slow cooked in our broth 397 kcal						
Steak   Phở tái - thinly sliced steak 287 kcal						
Steak with garlic   Phở tái lăn - flash fried steak (Hanoi style) 468 kcal						
Beef combo   Phở bò combo - st	eak, brisk	ket & meatballs 396 kcal	13.95			
Chicken   Phở gà - breast meat in chicken broth 347 kcal						
King prawns   Phở tôm - chicken o	or veg brot	h 305 kcal	13.50			
Tofu & button mushrooms   Ph	nở chay v	vg - chicken or veg broth 356 kcal	12.50			
3 Mushrooms   Phở nấm rớm - e - chicken or veg broth 290 kcal	enoki, shi	itake & button mushroom vg	12.50			
Hot & spicy soups - served with	phở or bú	ún noodles				
Hot & spicy chicken   Bún gà H	luế 353 kg	eal each and a second	12.95			
Hot & spicy beef brisket   Bún	bò Huế	- with a chilli shrimp paste 454 kcal	13.50			
Hot & spicy king prawn   Bún t	ôm Huế	301 kcal	13.95			
Hot & spicy THIS™ isn't chicker	n   Bún	gà chay Huế vg 349 kcal	13.50			
Hot & spicy tofu & mushroom   Bún chay Huế vg 420 kcal						
Hot & spicy 3 mushrooms   Bún nấm rơm Huế - with pak choi vg 335 kcal						
House specials						
<b>'Super Green'</b> - morning glory, green in veggie broth vg 381 kcal	en beans	, pak choi, fresh lime & Thai basil	11.95			
<b>'Spicy Green'</b> - chicken, <b>THIS™</b> isn't chicken or tofu, morning glory, green beans, pak choi, fresh lime & Thai basil in spicy veggie broth <b>vg</b> 455/460/448 kcal						
Brisket & mushroom   Phở bò n brisket, enoki & button mushrooms,			14.25			
Crab noodle soup   Bún riêu - a tomato & crab broth with wafer thin			13.95			
Phở house   Phở đặc biệt - king prawns, chicken & flash fried steak with garlic in beef broth 351 kcal. 25p donated to the Christina Noble Children's Foundation in Vietnam						
Curry noodle soup						
the marriage of our classic Vietnamese curry & a steaming bowl of noodle soup. Topped with a fresh herb salad & slices of red chilli. Served with phờ or bún noodles						
beef brisket 648 kcal	13.95	THIS™ isn't chicken vg 610 kcal	13.75			
chicken 589 kcal I3.50 tofu & mushroom vg 631 kcal I3						
king prawn 584 kcal	14.25	3 Mushroom vg 559 kcal	13.25			

Every product in every dish we serve is made right here on site from ingredients delivered daily. No central kitchen - just real cooking. As each dish is cooked to order, variations do occur and calorie values may slightly differ.

\*please note these items are not gluten-free - see reverse. vg - vegan options available.

+ Extra toppings

85 / 78 / 50 / 15 / 15 / 15 kcal

tofu / button mushrooms / creamy egg yolk / pak choi / mange tout / green beans

chicken / steak / brisket / beef meatballs / 3 mushrooms (enoki, shiitake & button) / king prawns

### Curry: cà-ri

topped with peanuts. Served with a choice of broken or cauliflower rice

Classic - rich, fragrant Vietnamese curry, with veggies & mushrooms

chicken 587 kcal	14.50	fish (white, fillet) 618 kcal	14.75
beef brisket 682 kcal	14.75	tofu vg 769 kcal	13.95
king prawn 599 kcal	15.50	THIS™ isn't chicken vg 660 kcal	14.95

#### Spicy - spicy Vietnamese curry with fresh red chillies & betel leaf

chicken 623 kcal	14.95	fish (white, fillet) 521 kcal	15.25
beef brisket 736 kcal	15.25	tofu vg 789 kcal	14.50
king prawn 642 kcal	15.95	THIS™ isn't chicken vg 674 kcal	15.50

### Rice bowls: món cơm

a choice of rice topped with wok-fried Chinese leaf, radish, cucumber & pickles, finished with peanuts, herbs, fresh chillies & nước chấm

chargrilled chicken thigh 239 kcal	12.95	3 meat combo 348 kcal	14.50
crispy beef in betel leaf 290 kcal	13.25	tofu & veg vg 268 kcal	12.50
chargrilled pork 281 kcal	13.25	THIS™ isn't chicken & veg vg 205	13.50
		kcal	

+ with cauliflower rice 64 kcal 1.00

### Wok fried rice: com chiên

+ with broken rice 370 kcal

aromatic, spicy wok-fried broken rice. + Add a fried egg for £1.25

chicken & dried shrimp 794 kcal II.95 shiitake & Thai basil vg 796 kcal II.75 THIS<sup>™</sup> isn't chicken vg 869 kcal I2.95

## Wok fried noodles: phở xào

wok-fried flat rice noodles with lemongrass, chilli and Asian greens. Served with peanuts & nước chấm. vg dish served with nước chấm chay

chicken 447 kcal	12.50	tofu & mushroom vg 527 kcal	12.50
beef 442 kcal	12.95	THIS™ isn't chicken vg 419 kcal	12.95
chicken & prawn 446 kcal	12.95		

### Vermicelli noodles: bún

all served room temp with fresh herbs, veggie spring roll\* & peanuts. Pour over sauce & mix

Wok-fried - with lemongrass, chilli, beansprouts & nước chấm

chicken 389 kcal	12.50	tofu & mushroom vg 382 kcal	12.50
beef 365 kcal	12.95	veggie spring rolls* vg 476 kcal	12.75
king prawn 315 kcal	13.75	nem nuong pork balls 520 kcal	12.50
		aNI	

Grilled - marinated meats served with a fish sauce

That indica media served with a han sadee				
	chargrilled chicken thigh 403 kcal	12.95	beef in betel leaf 454 kcal	13.25
	chargrilled pork loin 445 kcal	13,25	3 meat combo 512 kcal	14.25

## Chả cá Lã Vọng ™

1.50

rice noodles with grilled fish marinated in turmeric with dill, green onion, peanuts & prawn crackers. Inspired by the delicious, iconic dish from Hà Nội. Pour fish sauce over noodles & mix 676 kcal

<sup>▲</sup> Sauces: nước chấm 50 kcal. nước chấm chay 37 kcal. peanut 95 kcal.

### Beer & Cider

Bia Hà Nội	5.25
Saigon	5.25
Beer Lao (640ml)	7.95
Pho Brewgooder Session IPA - crisp & hoppy	5.50
Pho Brewgooder Hazy Pale Ale - hazy & juicy	5.50
Saigon Apple Cider	5.75
Saigon Apple & Ginger Cider	5.75
Daura Damm (gluten free)	5.75
Brewgooder Alcohol Free Lager	5.50

## Wine & sparkling

Wine Spritzer

White

Rose

TTITLE OF SPORTERING	
Sparkling	125ml / bottle
Prosecco Spumante, Veneto, Italy	6.75 / 29.95
White	175ml / 250ml / bottle
Catarratto, Sicily, Italy	6.50 / 7.95 / 22.95
<b>Piattini Pinot Grigio,</b> Pavia, Italy	6.95 / 8.75 / 23.95
Selon Létang Viognier, Languedoc, France	7.25 / 8.95 / 24.95
Listening Station Chardonnay, Victoria, Australia	7.75 / 9.50 / 26.50
Peacock Sauvignon Blanc, Stellenbosch, South Africa	8.25 / 9.95 / 28.95
Rose	
<b>Piattini Pinot Grigio Blush,</b> Pavia, Italy	6.95 / 8.75 / 23.95
Cotes du Rhone Rose, Rhone, France	7.25 / 8.95 / 24.95
Red	
Rame Garnacha, Campo de Borja, Spain	6.50 / 7.95 / 22.95
Benjamin Malbec, Mendoza, Argentina	7.95 / 9.75 / 28.50
Le Fou Pinot Noir, Languedoc, France	8.25 / 9,95 / 28.95

Cocktails 8.95

Phojito - our signature cocktail; white rum, mint, lime & soda

Spicy Lychee Margarita - tequila, fresh lime juice, lychee syrup & Thai chillies

Dragon Fruit & Lime Martini - Hà Nội vodka, dragonfruit purée & fresh lime juice

Hà Nôi Iced Tea - homemade iced tea with fresh lemon & gin, vodka, teguila & rum

Cà phê Martini - Hà Nội vodka, iced Vietnamese coffee & condensed milk

Coconut Pineapple Martini - Hà Nôi vodka, fresh pineapple juice, coconut milk & lemon

Pride Punch - Havana club rum, passionfruit liquor, fresh apple juice & muddled lime 50p will be donated to akt

Paloma - tequila, homemade grapefruit soda & fresh lime

#### Booze-Free

Nojito - muddled lime & mint, homemade lemonade & soda, served over crushed ice, garnished with fresh mint 87 kcal	5.95
Seedlip & Tonic alcohol free gin, Seedlip Grove, with Fever-Tree tonic	5.95
Cucumber Fizz Seedlip Grove, fresh cucumber & lime, elderflower & soda + Add 50ml Glaswegin gin for £3.00	5.95

### Gin & tonic

Glaswegin & Fever-Tree tonic	
Single (25ml)	6.75
Double (50ml)	8.50

#### Vodka

Vodka Hà Nội & Fever-Tree tonic	
Single (25ml)	5.75
Double (50ml)	7.95
Vodka Hà Nội, lime & soda (50ml)	7.95
Vodka Hà Nội with lemonade (50ml)	7.95

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(125ml also available)

175ml house wine

6.95

6.95

The majority of items on this menu are gluten-free, as accredited by Coeliac UK. \*please note these items are not gluten-free -Spring rolls, Hoisin sauce & the beers. Bún dishes can be ordered without spring roll on request. The vast majority of our menu is also egg & dairy free. Not all dish ingredients are listed & all dishes could contain traces of peanuts. If you have an allergy, please inform all staff who serve your table & read our allergen information.

THIS™ isn't chicken is a plant based meat substitute made from pea & soy, not gluten, fortified with vitamin B12 & iron.



For information regarding our service charge policy please ask a member of staff, a manager or see your receipt

### Fresh veggie & fruit juices

sm / lg 4.75 / 5.75

all made to order Apple, mint & lime with or without ginger 92/138 kcal

Beetroot, carrot & apple with or without ginger 97/145 kcal

Coconut, pineapple & apple 142/213 kcal

Carrot, apple & ginger 95/142 kcal

Kale, apple, pineapple & lime 102/153 kcal

Pineapple, apple & mint 112/168 kcal

Spinach, cucumber, pear & lemon (green detox) 82/123 kcal

Courgette, spinach, apple & parsley 105/157 kcal

Pineapple, spinach, cucumber & apple 97/145 kcal

Orange, carrot & ginger 100/149 kcal

Apple & orange 102/153 kcal

#### Coconut water

Straight, over ice 35 kcal	3.75
with Fresh pineapple juice 42 kcal	4.25

### Lemonade & soft drinks

Homemade lemonade 140 kcal	4.50
Spicy lemonade with ginger & fresh mint 190 kcal	4.75
Dragon fruit lemonade 120 kcal	4.7
Green tea lemonade 95 kcal	4.7
Coke, Fanta Orange	3.75
Diet Coke, Coke Zero, Sprite Zero	3.60
Mineral Water - still or sparkling (sm/lg)	2.95 / 4.95

### Teas

Flower teas - fragrant jasmine, green or yulan tea balls	3.7
Tea pigs bags - green, camomile, mint	2.7
Fresh teas - mint or lemongrass	2.7
Iced tea 90 kcal	3.50

### Vietnamese coffee

Cà phê - rich Vietnamese coffee	3.9
served black or with condensed milk 17/38 kcal	
10p donated to the Christina Noble Children's Foundation in Vietnam	
Cà phê sữa đá	

iced coffee with / without condensed milk 38/17 kcal

#### **OUR CHARITY PARTNERS**

#### Christina Noble Children's Foundation

CNCF is a British charity operating in Vietnam, working to alleviate child poverty and suffering by providing crucial, grassroots humanitarian services to highly vulnerable communities.

akt provide a range of support services to LGBTQ+ young people, working nationally with those aged 16-25 who are homeless, at risk of homelessness, or living in hostile environments.