Pho

Starters & Sides : món khai vị

Crispy spring rolls* Chả giò served with lettuce & herbs to wrap & dip vg 318/360 kcal - choice of nước chấm or peanut sauce ^	veggie 7.50 pork 7.75
Summer rolls Gói cuốn fresh rice paper rolls with herbs, vermicelli & pickle vg 185/183/196/145 kcal - choice of nước chấm or peanut sauce A	veggie 6.95 chicken 7.25 THIS [™] isn't chicken 7.50 prawn 7.50
Chicken wings Cánh gà (evening only) seasoned, crispy chicken wings with sriracha 587 k	cal 8.50
Pork & lemongrass meatballs Nem nướn served with lettuce & herbs to wrap & dip 349 kcal - choice of nước chấm or peanut sauce A	g 7.95
Baby squid Mực chiên giòn tender fried baby squid with a salt, pepper & lime	dip 315 kcal 8.50
Seafood spring roll* Nem hải sản large crispy spring roll of king prawn, crab & pork with nước chấm dipping sauce 208 kcal	7.50
Beef betel Bò lá lốt beef wrapped in betel leaves, with rice vermicelli sheets & nước chấm 365 kcal	8.75
Morning Glory Rau muống xào stir fried morning glory (water spinach) in garlic, with or without fresh red chillies vg 101/109 kcal	classic 6.75 spicy 6.75
Stir fried Chinese leaf Cải thảo xào in soy sauce, with or without fresh red chillies vg	classic 5.25 67/136 kcal spicy 5.25

Vietnamese salads : goi

Chicken salad Goi gà	
with Asian herbs, peppers & a chilli ginger dressing 210 kcal	11.25
Veggie salad Goi chay veggie	
as above minus the chicken vg 153/233 kcal THIS" isn't chicken	11.75
Green papaya salad Gỏi đu đủ chicken	11.75

crunchy green papaya salad with peanuts & prawn crackers vg 189/203/129 kcal

Mango salad | Goi xoài

spicy mango salad topped with pork, dried shrimp & peanuts 9.50 175 kcal - slightly smaller portion, ideal as a side or starter

Prawn & pomelo salad | Gói bưởi

with red chillies, Vietnamese herbs, roasted coconut & peanuts 9.75 182 kcal - slightly smaller portion, ideal as a side or starter

Prawn or 'Prawnless' crackers vg

Bánh phồng	tôm	Bánh	phồng	chay
with sweet ch	illi sauc	e 253/	320 kcal	

Vietnamese noodle soup : phở

Phở, (pronounced fuh) is the Vietnamese national dish; an aromatic, healthy & delicious rice noodle soup served with a side plate of fresh herbs to add as you please. The addition of these herbs & table condiments is an essential part of eating phở & adds another dimension to the dish. We think it's the best noodle soup in the world!

Classics

Beef brisket Phở chín - tender beef brisket slow cooked in our broth 397 kcal
Steak Phở tái - thinly sliced steak 287 kcal
Steak with garlic Phở tái lăn - flash fried steak (Hanoi style) 468 kcal
Beef combo Phở bò combo - steak, brisket & meatballs 396 kcal
Chicken Phở gà - breast meat in chicken broth 347 kcal
King prawns Phở tôm - chicken or veg broth 305 kcal
Tofu & button mushrooms Phở chay vg - chicken or veg broth 356 kcal
3 Mushrooms Phở nấm rơm - enoki, shiitake & button mushroom vg - chicken or veg broth 290 kcal
Hot & spicy soups - served with phở or bún noodles
Hot & spicy chicken Bún gà Huế 353 kcal
Hot & spicy beef brisket Bún bò Huế - with a chilli shrimp paste 454 kcal
Hot & spicy king prawn Bún tôm Huế 301 kcal
Hot & spicy THIS [™] isn't chicken Bún gà chay Huế vg 349 kcal
Hot & spicy tofu & mushroom Bún chay Huế vg 420 kcal
Hot & spicy 3 mushrooms Bún nấm rơm Huế - with pak choi vg 335 kcal
House specials
'Super Green' - morning glory, green beans, pak choi, fresh lime & Thai basil in veggie broth vg 381 kcal
'Spicy Green' - chicken, THIS [™] isn't chicken or tofu, morning glory, green beans, pak choi, fresh lime & Thai basil in spicy veggie broth vg 455/460/448 kcal
Brisket & mushroom Phở bò nấm trúng brisket, enoki & button mushrooms, creamy egg yolk, in beef broth 374 kcal
Crab noodle soup Bún riêu - a Hà Nội classic; vermicelli noodles in a rich tomato & crab broth with wafer thin steak & tofu 498 kcal

Phở house | **Phở đặc biệt** - king prawns, chicken & flash fried steak with garlic in beef broth 351 kcal. 25p donated to the Christina Noble Children's Foundation in Vietnam

Curry noodle soup

the marriage of our classic Vietnamese curry & a steaming bowl of noodle soup. Topped with a fresh herb salad & slices of red chilli. Served with phở or bún noodles

ef brisket 648 kcal	13.95	THIS [™] isn't chicken vg 610 kcal
cken 589 kcal	13.50	tofu & mushroom vg 631 kcal
g prawn 584 kcal	14.25	3 Mushroom vg 559 kcal

+ Extra toppings

tofu / button mushrooms / creamy egg yolk / pak choi / mange tout / green beans 85/78/50/15/15/15 kcal

chicken / steak / brisket / beef meatballs / 3 mushrooms (enoki, shiitake & button) / king prawns 2.50 80/50/98/125/75/22 kcal

Every product in every dish we serve is made right here on site from ingredients delivered daily. No central kitchen - just real cooking. As each dish is cooked to order, variations do occur and calorie values may slightly differ. *please note these items are not gluten-free - see reverse. vg - vegan options available.

Curry : cà-ri

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11.95

13.95

14.25

13.95

14.95

13.75

13.25

13.25

1.50

curry , ca m			1.		
topped with peanuts. Served with a choice of broken or cauliflower rice					
Classic - rich, fragrant Vietn	amese	curry, with veggies & mushroc	oms		
chicken 587 kcal beef brisket 682 kcal king prawn 599 kcal	14.50 14.75 15.50	fish (white, fillet) 618 kcal tofu vg 769 kcal THIS [™] isn't chicken vg 660 kcal	14.75 13.95 14.95		
Spicy - spicy Vietnamese curr	ry with	fresh red chillies & betel leaf			
chicken 623 kcal beef brisket 736 kcal king prawn 642 kcal	14.95 15.25 15.95	fish (white, fillet) 521 kcal tofu vg 789 kcal THIS [™] isn't chicken vg 674 kcal	15.25 14.50 15.50		
Rice bowls : món cơm					
a choice of rice topped with wok-fried Chinese leaf, radish, cucumber & pickles, finished with peanuts, herbs, fresh chillies & nước chấm					
chargrilled chicken thigh 239 kcal crispy beef in betel leaf 290 kcal chargrilled pork 281 kcal	13.25	3 meat combo 348 kcal tofu & veg vg 268 kcal THIS [™] isn't chicken & veg vg 205	14.50 12.50 13.50		

Wok fried rice : com chiên

+ with broken rice 370 kcal

aromatic, spicy wok-fried broken rice. + Add a fried egg for £1.25

chicken & dried shrimp 794 kcal ||,95 shiitake & Thai basil vg 796 kcal ||,75 THIS[™] isn't chicken vg 869 kcal |2,95

+ with cauliflower rice 64 kcal

Wok fried noodles : phở xào

wok-fried flat rice noodles with lemongrass, chilli and Asian greens. Served with peanuts & nước chấm. vg dish served with nước chấm chay

chicken 447 kcal	12.50	tofu & mushroom vg 527 kcal	12.50
beef 442 kcal	12.95	THIS [™] isn't chicken vg 419 kcal	12.95
chicken & prawn 446 kcal	12.95		

Vermicelli noodles : bún

all served room temp with fresh herbs, veggie spring roll* & peanuts. Pour over sauce & mix

Wok-fried - with lemongrass, chilli, beansprouts & nước chấm

chicken 389 kcal	12.50	tofu & mushroom vg 382 kcal	12.50
beef 365 kcal	12.95	veggie spring rolls* vg 476 kcal	12.75
king prawn 315 kcal	13.75	nem nuong pork balls 520 kcal	12.50
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Grilled - marinated meats served with a fish sauce

chargrilled chicken thigh 403 kcal	12.95	beef in betel leaf 454 kcal	13.25
chargrilled pork loin 445 kcal	13.25	3 meat combo 512 kcal	14.25

Chả cá Lã Vọng

rice noodles with grilled fish marinated in turmeric with dill, 13.95 green onion, peanuts & prawn crackers. Inspired by the delicious, iconic dish from Hà Nội. Pour fish sauce over noodles & mix 676 kcal

A Sauces: nước chấm 50 kcal. nước chấm chay 37 kcal. peanut 95 kcal.

Adults need around 2000 kcal a day

12-202-D/Main/CV

nuts 9,50 chic king

3.95

bee

THIS[™] isn't chicken 12,25

king prawn 12.75

Beer & Cider

Bia Hà Nội	5.25
Saigon	5.25
Beer Lao (640ml)	7.95
Pho Brewgooder Session IPA - crisp & hoppy	5.50
Pho Brewgooder Hazy Pale Ale - hazy & juicy	5.50
Saigon Apple Cider	5.75
Saigon Apple & Ginger Cider	5.75
Daura Damm (gluten free)	5.75
Brewgooder Alcohol Free Lager	5.50

Wine & sparkling

Sparkling	125ml / bottle
Prosecco Spumante, Veneto, Italy	6.75 / 29.95
White	175ml / 250ml / bottle
Catarratto, Sicily, Italy	6.50 / 7.95 / 22.95
Piattini Pinot Grigio, Pavia, Italy	6.95 / 8.75 / 23.95
Peacock Sauvignon Blanc, Stellenbosch, South Africa	8.25 / 9.95 / 28.95

Rose

Piattini Pinot Grigio Blush, Pavia, Italy

Red

Rame Garnacha, Campo de Borja, Spain

Benjamin Malbec, Mendoza, Argentina Le Fou Pinot Noir,

Languedoc, France

Wine Spritzer

White Rose

Gin & tonic

Tanqueray & Fever-	Tree tonic		
Single (25ml)			6.75
Double (50ml)			8.50
Vodka			

VOUKa

Vodka Hà Nội & Fever-Tree tonic	
Single (25ml)	5.75
Double (50ml)	7.95
Vodka Hà Nội, lime & soda (50ml)	7.95
Vodka Hà Nội with lemonade (50ml)	7.95

Dessert

Crispy, warm banana fritters Chuối chiên with or without ice cream or sorbet vg 242 kcal • •	6.75 / 8.50
Vietnamese affogato Cà phê kem hot Vietnamese filter coffee to pour over a scoop of condensed milk ice cream 194 kcal	6.95
Sorbet Kem sorbet delicious, slow churned sorbetto from Hackney Gelato 2 scoops of raspberry, alphonso mango, coconut or dark chocolate vg • 45/48/91/71 kcal per scoop	5.95
Ice Cream Kem Iuxurious, slow churned Hackney Gelato made with fresh milk and cream 2 scoops of honey & ginger or Madagascan vanilla • 150/71 kcal per scoop	5.95

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6.95 / 8.75 / 23.95

6.50 / 7.95 / 22.95

7.95 / 9.75 / 28.50

8.25 / 9.95 / 28.95

(125ml also available)

175ml house wine

6.95

6.95

The majority of items on this menu are gluten-free, as accredited by Coeliac UK. *please note these items are not gluten-free -Spring rolls, Hoisin sauce & the beers. Bún dishes can be ordered without spring roll on request. The vast majority of our menu is also egg & dairy free. Not all dish ingredients are listed & all dishes could contain traces of peanuts. If you have an allergy, please inform all staff who serve your table & read our allergen information.

THIS[™] isn't chicken is a plant based meat substitute made from pea & soy, not gluten, fortified with vitamin B12 & iron.

> For information regarding our service charge policy please ask a member of staff, a manager or see your receipt

Fresh veggie & fruit juices

all made to order	4.75 / 5.75
Apple, mint & lime with or without ginger 92/138 kcal	
Beetroot, carrot & apple with or without ginger 97/14	45 kcal
Coconut, pineapple & apple 142/213 kcal	
Carrot, apple & ginger 95/142 kcal	
Kale, apple, pineapple & lime 102/153 kcal	
Pineapple, apple & mint 1127168 kcal	
Spinach, cucumber, pear & lemon (green detox) 82	/123 kcal
Courgette, spinach, apple & parsley 105/157 kcal	
Pineapple, spinach, cucumber & apple 97/145 kcal	
Orange, carrot & ginger 100/149 kcal	
Apple & orange 102/153 kcal	

sm / lg

Coconut water

Straight, over ice 35 kcal	3.75
with Fresh pineapple juice 42 kcal	4.25

Lemonade & soft drinks

Homemade lemonade 140 kcal		4.50
Spicy lemonade with ginger & fresh mint 190 kcal	1	4.75
Dragon fruit lemonade 120 kcal		4.75
Green tea lemonade 95 kcal		4.75
Coke, Fanta Orange		3.75
Diet Coke, Coke Zero, Sprite Zero		3.60
Mineral Water - still or sparkling (sm/lg)		2.95 / 4.95

Teas

Flower teas - fragrant jasmine, green or yulan tea balls	3.75
Tea pigs bags - green, camomile, mint	2.75
Fresh teas - mint or lemongrass	2.75
Iced tea 90 kcal	3.50

Vietnamese coffee

Cà phê - rich Vietnamese coffee	3.95
served black or with condensed milk 17/38 kcal	
10p donated to the Christina Noble Children's Foundation in Vietnam	
Cà phê sữa đá	
iced coffee with / without condensed milk 38/17 kcal	4.50

OUR CHARITY PARTNERS

Christina Noble Children's Foundation
CNCF is a British charity operating
in Vietnam, working to alleviate child
poverty and suffering by providing crucial,
grassroots humanitarian services to
highly vulnerable communities.

akt provide a range of support services to LGBTQ+ young people, working nationally with those aged 16-25 who are homeless, at risk of homelessness, or living in hostile environments.

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